## CONTENTS

Acknowledgments	ix
Ιπτιοduction	1
Chαp†er 1 Thought Enfleshed: Philosophy and Psychology as Figured in Latin Allegory	31
Chapter 2 Allegorizing the Split Self: A Middle English Debate Between the Body and the Soul	70
Chapter 3 "The Soul Is the Prison of the Body": Pedagogy, Punishment, and Self-Love in a Middle English Debate	105
Chapter 4 Defending the Female Self: "Sawles Warde" and Sowlehele	139
Chapter 5 Promising the Female, Delivering the Male: Transformations of Gender in <i>Piers Plowman</i>	168
Conclusion	197

## viii Contents

Appendix In a Thestri Stude I Stod (I Stood in a Dark Place),	
Translation by Masha Raskolnikov	203
Bibliography	207
Index	219